

LIVING WILL

~ You decide

What is a Living Will?

This is a document that contains the decisions expressed by a person, taken thoughtfully, freely and responsibly, regarding their medical treatments and healthcare or, in the event of death, on the disposal of their body or of its organs.

What is the Living Will for?

In the event that, due to physical or mental deterioration, you are not able to express your will, this document will help the doctor or healthcare team that are caring for you to know, observe and fulfil your previously expressed wishes.

In order for healthcare professionals to know what your wishes are, the Living Will document must be recorded in the Registry.

Who can make a Living Will document?

Any person who is 18 or older and who is of sound mind, after a process of reflection on your values and life purpose with the people who are significant to you: family, friends, the healthcare professional caring for you.

In Aragon, children who are 14 or older may also make a Living Will document, with the help from either of their parents or from their legal guardian.

How can it be completed?

1. By filling in the [online form](#) available on the website www.saludinforma.es.

Regulations require that two witnesses of legal age be present, one of whom must not be related to the person, up to the second degree, nor be linked by assets to the person who is making the Living Will document. (**OBSERVATION:** If the witnesses have signed the document and their original documentation or a certified photocopy is submitted, there is no need for them to be present)

2. Before a Notary Public, by notarised document. In this case no witnesses are necessary.

What documentation do I have to submit to the Living Will registry?

You must submit:

> Personal identification document (DNI/NIE/Passport)

> Duly completed and signed Living Will document

> The original National Identification Documents or other equivalent ID documents of the representatives and/or witnesses, or a certified photocopy of these documents.

Is it advisable to appoint a representative?

A representative may be appointed, who will assume the responsibility to ensure that the wishes expressed are met at all times.

If there are any doubts regarding the interpretation of the document, the representative that you appoint will be the valid spokesperson with the health care team and will take decisions on your behalf, taking into account the values, instructions and wishes that you expressed.

The representative must accept this representation by signing the document.

Where can I submit the Living Will document to have it recorded in the Registry?

- **In person**
 - > **Registro de Voluntades Anticipadas**
Departamento de Sanidad
Dirección General de Derechos y Garantías de los Usuarios
Vía Universitat 36, 4ª planta
50017 Zaragoza
 - Request an appointment on www.saludinforma.es or by calling either of these numbers: 902 55 53 21 / 976 71 34 34
 - > **User Assistance Services** of the various hospitals and specialist medical centres of the Aragon Health System
 - > **Health Centres** of the Aragon Health System in Zaragoza, Huesca and Teruel

- **By post**

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FURTHER INFORMATION

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